

# Human Services

A.S. | Associate in Science



The Human Services program is designed for students who plan to transfer to a four-year institution to pursue a degree in Human Services, Social Work, Psychology or Sociology. The program combines a broad foundation in the liberal arts with specific courses designed for those interested in working in fields such as mental health, developmental disabilities, social services and youth corrections. Through academic and field practicum experiences, skills in assisting children, adolescents or adults with a variety of special needs are obtained. There are advisement tracks to assist students in choosing the correct coursework that best suits their interests and meets the transfer school's requirements.

**For more information, contact the Admissions Office at (845) 431-8010 or visit [www.sunydutchess.edu/academics](http://www.sunydutchess.edu/academics)**

# Human Services (HMS)

(HEGIS 5501)

This degree program satisfies SUNY General Education requirements and emphasizes the importance of liberal arts studies in preparation for the baccalaureate degree.

The Associate in Science (A.S.) degree is awarded upon completion of requirements for this program.

Upon completion of this program, students will be able to:

- Identify components of the Human Services Delivery System including:
  - The roles of the various members of the service delivery team.
  - Client assessment/referral/advocacy continuum.
  - The historical perspective and future trends of the Human Services field.
- Demonstrate application of the strength-based approach in the client-centered counseling process.
- Display an understanding, self-awareness and respect for the diversity among clients, colleagues and society as a whole.
- Exhibit the ability to use technology as a professional tool and to have an understanding of its impact on the field of Human Services, its clients and agencies.

Courses should be selected in consultation with an advisor.

## FIRST SEMESTER

		credits
BHS 110	Intro. to Human Services	3
CHC 103 or	(for Pathway #2 only)	
CMH 103	(for Pathway #1 or #3)	2
ENG 101	Composition I	3
PSY 111	Introduction to Psychology	3
PSY 102	Interviewing and Counseling Skills	3

**Total: 14**

## SECOND SEMESTER

BHS 103	Social Problems in Today's World	3
CHC 104 or	(for Pathway #2 only)	
CMH 104	(for Pathway #1 or #3)	2
ENG 102	Composition II	3
PSY 134	Group Dynamics	3
PSY 203	Developmental Psychology	3

**Total: 14**

## THIRD SEMESTER

PSY 235 or	(for Pathway #2 only)	
PSY 201	(for Pathway #1 or #3)	3
BHS 203 or	(for Pathway #2 or #3)	
PSY 206	(for Pathway #1 only)	3
PSY 202	Therapeutic Intervention Skills	3
MAT 118	Elementary Statistics recommended (a)	3
Science Appendix (b)		4

**Total: 16**

## FOURTH SEMESTER

BHS 245	Issues and Ethics in the Human Services	3
PSY 207	Creative Arts Therapy	3
American History (Appendix D)		3
General Education Electives (c)		6
Free Elective (d)		3

**Total: 18**

**Total Credit Hours: 62**

### NOTES:

Transportation to and from practicum sites is the responsibility of all students in the program, including those in the dorm. If you do not have a car, please be sure that you are able to find alternate means of transportation.

- MAT 109 or higher. MAT 118 recommended. See advisement pathway for more specific information.
- Science courses: Any four credit courses listed in the General Education appendix B. BIO 103 is recommended for students choosing the Social Work Pathway.
- Students need to select two (2) general education courses from two different Appendices (E, F, H or I) not already met by other program requirements. Refer to the correct advisement pathway for recommended course selections.
- See the free elective requirement on page 33.

### **Transfer Pathway #1: Applied Psychology**

*This pathway is designed for students seeking a Bachelor's degree in the Psychology field. It is recommended that students select the following courses:*

<b>FIRST SEMESTER:</b>	CMH 103, Community Mental Health Practicum I
<b>SECOND SEMESTER:</b>	CMH 104, Community Mental Health Practicum II
<b>THIRD SEMESTER:</b>	MAT 109 or higher (MAT 118 recommended) PSY 201, Abnormal Psychology PSY 206, Social Psychology
<b>FOURTH SEMESTER:</b>	PSY 204, Adolescent Psychology or PSY 210, Psychology of Gender are recommended for the free elective area.

### **Transfer Pathway #2: Applied Sociology**

*This pathway is designed for students seeking a Bachelor's degree in the Sociology field. It is recommended that students select the following courses:*

<b>FIRST SEMESTER:</b>	CHC 103, Child Care and Youth Practicum I
<b>SECOND SEMESTER:</b>	CHC 104, Child Care and Youth Practicum II
<b>THIRD SEMESTER:</b>	PSY 235, Psychology of Exceptionality BHS 203, Sociology MAT 109 or higher (MAT 118 recommended)
<b>FOURTH SEMESTER:</b>	Additional Sociology Courses: BHS 203, BHS 210, BHS 216; PHI 201, Philosophy: The Primary Issues; or PHI 203, Major Religions of the World are recommended for the free elective area.

### **Transfer Pathway #3: Applied Social Work**

*This pathway is designed for students seeking a Bachelor's degree in the field of Social Work. It is recommended that students select the following courses:*

<b>FIRST SEMESTER:</b>	CMH 103, Community Mental Health Practicum I
<b>SECOND SEMESTER:</b>	CMH 104, Community Mental Health Practicum II
<b>THIRD SEMESTER</b>	MAT 109 or higher (but not MAT 110 or MAT 184) (MAT 118 recommended); PSY 201, Abnormal Psychology; BHS 203, Sociology; BIO 103 is the recommended science.
<b>FOURTH SEMESTER:</b>	GOV 121 The American National Experience; Philosophy. Students transferring to Marist (and often most schools for Social Work) should be aware that the courses from Appendix H that satisfy the core requirement for the Arts are: ART 101, ART 102, ART 103, MUS 101, MUS 201, MUS 202, DAN 108, or THE 105