

# COURSES

## **PSY 102 INTERVWNG/COUNSELING SKILLS**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

A study of basic helping, counseling and crisis intervention skills with an emphasis on facilitating client growth and interpersonal effectiveness.

## **PSY 111 INTRODUCTION TO PSYCHOLOGY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

Emphasis in this course is on major aspects of human behavior and its adaptation to the environment. Topics include learning, stress, sensation and perception, physiological psychology, cognition, development, behavior disorders, and social psychology.

## **PSY 134 GROUP DYNAMICS**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

A study of the factors involved in group interaction, including cohesion and conflict, communication systems, role functions within groups, individual sensitivity and self-awareness. The student learns about him or herself by interacting with others in small-groups, analyzing the dynamics of his or her group.

## **PSY 201 ABNORMAL PSYCHOLOGY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

Emphasis is on developing a conceptual basis that incorporates the various influencing factors, as well as descriptions and effects of behavioral disorders. The currently used system of classification provides a holistic orientation to the field. Prerequisite: PSY 111 or permission of the department

## **PSY 202 THERAPEUTIC INTERVENTN SKILLS**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

The study of the principles of learning and behavior change and an overview of therapeutic treatment strategies in current use. Practical applications both in various treatment settings and in everyday life are an integral part of this course. Prerequisite: PSY 111 or permission of the department

## **PSY 203 DEVELOPMENTAL PSYCHOLOGY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

A systematic examination of the patterns of human development from conception through senescence. Typical behavior changes in the principal life stages are examined in depth with emphasis on the use of theories as tools for understanding. Prerequisite: PSY 111 or permission of the department

## **PSY 204 ADOLESCENT PSYCHOLOGY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

A study of the developmental tasks facing adolescents in contemporary American society. Such issues as personal identity, independence and moral development are considered in relation to sex differences, family structure and factors of social and cultural diversity. Prerequisite: PSY 111 or permission of the department

## **PSY 206 SOCIAL PSYCHOLOGY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

The scientific study of social influences on human behavior. Course material emphasizes both the interpersonal and experimental perspectives. Topics include: Social influence, attitudes, group behavior, social perception, social cognition, social exchange, interpersonal attraction, etc. Prerequisite: BHS 103 or PSY 111.

## **PSY 207 CREATIVE ARTS THERAPY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

An overview of creative arts as they are utilized in client assessment and treatment as well as applications of these creative arts to student development and self awareness. Pre-requisites: BHS 110, PSY 102, PSY 134, PSY 202, PSY 203, and PSY 235 or PSY 201.

## **PSY 209 PSYCHOBIOLOGY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

Psychobiology approaches psychological questions by seeking explanations based upon the biological functions of the organism's nervous system, endocrine glands and genes. Topics include memory, vision and pain. Prerequisite: PSY 111

## **PSY 210 PSYCHOLOGY OF GENDER**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

A study of psychological assumptions about the female and male personality and how these hypotheses are being questioned by recent experimental studies. Psycho-social influences on the developing psyche and behavior patterns of women and men

will be investigated, as well as sex differences and the interaction of the individual with the environment. Emphasis will focus on attitude formation, gender role learning, self-image, needs, values, fears and aspirations. Prerequisite: PSY 111 or permission of the department

**PSY 221 CHILD DEVELOPMENT**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

This is a general education course in behavioral sciences, presenting basic theories of child behavior and development (including cognitive development, social development, and physical development) from the prenatal period through middle childhood. The class is designed to present both theoretical and practical aspects of child development from psychological and developmental viewpoints. Developmental psychology is a science with a large and rich research base. Accordingly, the course will use this research to understand development. While each individual has a unique pattern of growth and development, overall, human development is orderly and predictable and therefore capable of being understood through scientific principles and methodology. Prerequisite: PSY 111 or permission of the department

**PSY 224 HUMAN SEXUALITY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

A study of physiological, psychological, sociological and gender issues related to sexuality. Topics include perspectives in sexuality, human sexual expression, love, communication and relationships, human sexual response and dysfunction, sexual health, family planning, non-modal behaviors, and sex and the law. This course is cross-listed and may be taken as either PSY 224 or HED 224.

**PSY 231 TOPICS IN PSYCHOLOGY I**

**1 Lecture Hour 0 Lab Hours 1 Credit Hour**

This course is designed to explore a specific topic area in Psychology in greater depth than would occur in an introductory level offering. The topics will vary and may be drawn from any of the various, applied sub-fields of Psychology. The class room instruction will amount to a period of five weeks of the semester, or its equivalent in formal lecture/discussion.

**PSY 232 TOPICS IN PSYCHOLOGY II**

**2 Lecture Hours 0 Lab Hours 2 Credit Hours**

Similar to PSY 231, except that the instructional time will take place over a period of ten weeks of the semester, or its equivalent in formal lecture/discussion.

**PSY 233 TOPICS IN PSYCHOLOGY III**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

Similar to PSY 231, except that the instructional time will take place for the entire 15 weeks of the semester, or its equivalent in formal lecture/discussion.

**PSY 235 PSYCHOLOGY OF EXCEPTIONALITY**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

An overview of exceptionalism in childhood including both behavior disordered and gifted children with emphasis on characteristics of and ways to interact with each. Other topics include mental retardation, various mental disorders and learning disabilities. Prerequisite: PSY 111 or permission of the department

**PSY 251 TOPICS IN PSYCHOLOGY I**

**1 Lecture Hour 0 Lab Hours 1 Credit Hour**

This course is designed to explore a specific topic area in Psychology in greater depth than would occur in an introductory level offering. The topics will vary and may be drawn from any of the various, applied sub-fields of Psychology. The class room instruction will amount to a period of five weeks of the semester, or its equivalent in formal lecture/discussion.

**PSY 252 TOPICS IN PSYCHOLOGY II**

**2 Lecture Hours 0 Lab Hours 2 Credit Hours**

Similar to PSY 251, except that the instructional time will take place over a period of ten weeks of the semester, or its equivalent in formal lecture/discussion.

**PSY 253 TOPICS IN PSYCHOLOGY III**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

Similar to PSY 251, except that the instructional time will take place for the entire 15 weeks of the semester, or its equivalent in formal lecture/discussion.

**PSY 271 SPECIAL STUDY PROJECT I**

**1 Lecture Hour 0 Lab Hours 1 Credit Hour**

A special learning experience designed by one or more students with the cooperation and approval of a faculty member. Prior to registration for any special study course, the approval of the Department Head must be obtained. Proposed study plans require departmental approval. Projects may be based on reading, research, community service, work experience, or other activities that

---

advance the student's knowledge and competence in the field of psychology or related areas. The student's time commitment to the project will be approximately 35-50 hours.

**PSY 272 SPECIAL STUDY PROJECT II**

**2 Lecture Hours 0 Lab Hours 2 Credit Hours**

Similar to PSY 271, except that the student's time commitment to the project will be approximately 70-90 hours.

**PSY 273 SPECIAL STUDY PROJECT III**

**3 Lecture Hours 0 Lab Hours 3 Credit Hours**

Similar to PSY 271, except that the student's time commitment to the project will be approximately 105-135 hours.