



# The road to well-being starts with a smile

## Guardian's dental app helps make it easy to understand and use your dental benefits

Taking the best possible care of your teeth can do so much more than brighten your smile. Good oral health is an essential part of your overall well-being,<sup>1</sup> and can impact how well you and your family members feel, think, and perform at work and beyond. That's why we're committed to helping make it easier for you to understand your dental benefits and quickly access the care you need.

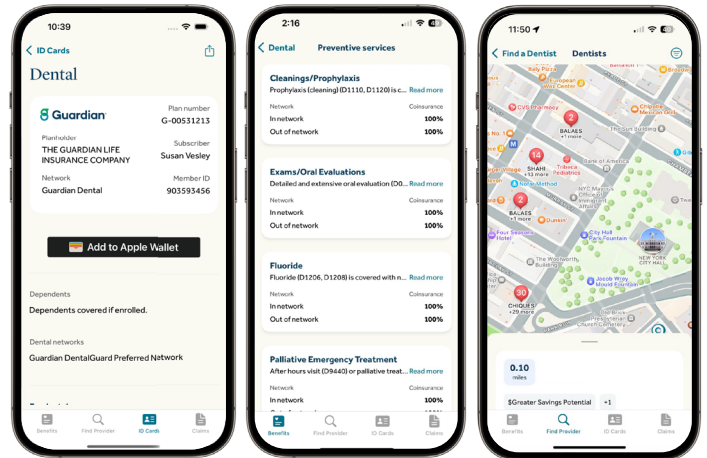
### Convenient access to your dental benefits through the Guardian mobile app

In addition to downloading your digital ID card, you can use the app to:

- Stay on top of how much your plan has covered, including quick visibility to maximums and deductibles
- Find an in-network dentist near you
- Save your preferred in-network dentist to easily go back to later
- Track what claims have been paid and see what's still pending
- And more!

On top of helping you save on dental care, your dental benefits open the door to help diagnose and prevent potentially serious health conditions sooner. Our dental app can help you stay on top of it all, with the information you need right in your pocket.

### Take a sneak peek at the app



**Download the Guardian dental app for a simpler benefits experience.**



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1 "Oral health: A window to your overall health." Mayo Clinic, Oct. 28, 2021

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